

THE LONELY ACE OF HEARTS: A JOURNEY TO EMBRACING THE ASEXUAL IDENTITY BY CARYN PURDY



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About the Author

A resident of the majestic Finger Lakes Region, Caryn Purdy can be found on her kayak every chance she gets. (Which is never enough.) Her other interests include art journaling and Cards Against Humanity... but let's be honest, this single mom doesn't have much personal time! When she's not shuffling her boys between activities, Caryn is volunteering with a number of local organizations. Professionally, she writes stuff. Sometimes, she does web stuff too.

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Asexuality (an orientation where someone does not experience sexual attraction) is widely misunderstood. Or worse: ignored. Until it becomes common knowledge that asexuality exists as a sexual orientation, then people who DO relate on the spectrum will continue to struggle internally (feeling alone, broken, or flawed) and externally (in relationships, and life in general).

The Lonely Ace of Hearts begins with a general introduction about asexuality as an orientation, debunking the most common myths, and then guides readers through the most common struggles. Defining and Understanding Your Identity. Achieving Self-Acceptance. Coming Out to Friends & Family. (Or, not.) Dealing with Loneliness. Then (and only then) can we work on the struggles with Love, Dating, Sex, and Relationships.

This book is not about "dealing with life as an asexual"... it's is about (ultimately) Embracing the Asexual Identity.

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Most helpful customer reviews

7 of 7 people found the following review helpful.

Well written book on asexuality.

By Kayla Joyce

I myself am an aromantic asexual and can personally identify with much of this book. Its not just for those like me its also for anyone who wants to learn about asexuality. It addressed subjects ranging from common pitfalls, the asexual spectrum, misunderstandings, communities, to being comfortable with who you are.

3 of 3 people found the following review helpful.

Great, informative, and quick read!

By Jack La Favre

Really identified with a lot of what was written here and feel really refreshed to read something written by an

asexual who is clear about not having to sacrifice this part of ourselves to make a relationship work. Really liked it!

2 of 2 people found the following review helpful.

Asexual? Maybe Asexual? This is worth the read!

By Darren Gravatt

Easy to read. User friendly language and just enough humour to make it an enjoyable read.

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