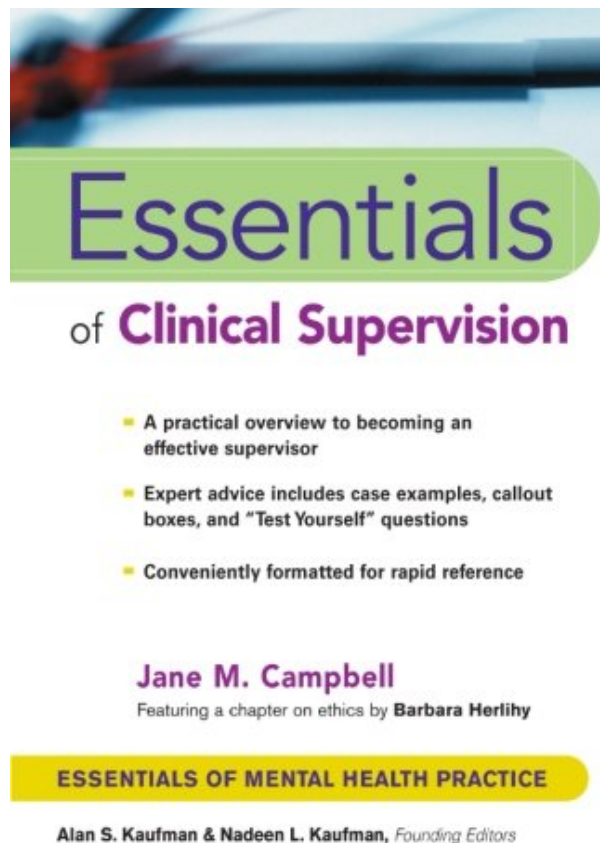


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From the Back Cover

Presents proven, easy-to-follow guidelines for effectively supervising trainees and practitioners in mental health settings

Clinical supervision is an important aspect of mental health practice. Essentials of Clinical Supervision presents a comprehensive model and techniques for supervising mental health professionals individually and in groups, as well as peer supervision. A clear and accessible resource, it provides step-by-step guidelines for supervising beginning as well as advanced practitioners, along with proven tips for effective supervision, including how to give constructive feedback and how to apply coaching strategies to motivate supervisees.

As part of the Essentials of Mental Health Practice series, this book provides information mental health professionals need to practice knowledgably, efficiently, and ethically in today's behavioral healthcare environment. Each concise chapter features numerous callout boxes highlighting key concepts, bulleted points, and extensive illustrative material, as well as "Test Yourself" questions that help you gauge and reinforce your grasp of the information covered.

Essentials of Clinical Supervision covers basic skills such as goal setting, evaluation, building the supervision relationship, and solving problems. It also discusses specific supervision strategies such as teaching, mentoring, coaching, and consulting; explains how to document supervision; and describes specialized techniques, such as using video in supervision. Finally, it incorporates an important section on ethical, legal, multicultural, and crisis management issues that may arise when supervising others. Essentials of Clinical Supervision supplies professionals and students in all mental health fields with a key resource for effective practice.

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About the Author

Jane M. Campbell, PhD, NCC, ACS, is a consulting psychologist in private practice in Houston, Texas.

Ethics chapter by BARBARA HERLIHY, PhD, University of New Orleans, New Orleans, Louisiana.

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Essentials of Supervision presents, in the popular Essentials format, the key information students need to learn in a course on supervision. Utilizing pedagogical tools such as call-out boxes, Test Yourself questions, and case studies, the author provides step-by-step guidelines for effective planning, goal setting, and evaluation, along with tips for giving constructive feedback and applying coaching strategies to motivate supervisees. She also clearly explains how to manage paperwork and describes specialized techniques, such as using video in supervision. This informative text also includes a special section on ethics authored by a leading expert in the field.

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